How to register on My.QuestForHealth.com

- Visit My.QuestForHealth.com
- If you've already established an account, use the Log In area to enter your username and password and select the green Log In button
  - If you've forgotten your login information, use the username link to retrieve your username or the password link to reset your password
- If you've never registered on the site to establish an account, use the Create Account area, enter the registration key provided by your employer, and select the Register Now button

Please note: these screenshots are based on common browser resolution; actual screens may vary due to responsive design.
1. Terms of Service: Quest Diagnostics Health & Wellness represents health benefit management programs with policies in place to maintain the confidentiality of your information consistent with Quest Diagnostics Notice of Privacy Practices, which may be found at QuestDiagnostics.com/home/privacy-policy/online-privacy.html Our Privacy of Protected Health Information (PHI) policy requires that we “must obtain, maintain, use and disclose patient protected health information in a manner that protects patient privacy and complies with all state and federal laws.” Though this is a voluntary program, should you choose not to accept these Terms and Conditions, you will not be able to participate.

2. By participating in the wellness screening program(s) you acknowledge, and consent to, Quest Diagnostics Health & Wellness’ disclosure of the data and outcomes of your Health Questionnaire and test results in accordance with the requirements of the Health Insurance and Portability and Accountability Act (HIPAA) and any other applicable laws. If you are providing family medical history or other genetic information through a Health Questionnaire or test results, you are also authorizing and consenting to the use of such genetic information for the purposes of the wellness screening program as described in paragraph 3 below. If
• Under **Confirm Your Eligibility**, enter your Unique ID, Date of Birth, and relationship to the organization
  • Your Unique ID should have been provided to you in an employer communication
  • Your relationship should be either **employee** or **spouse/domestic partner**
• select the green **Continue** button
• Create a username and password to log in to your account
  • The password must be at least 8 characters long, include a number or special character, and include at least 1 uppercase and 1 lowercase letter
• select the green **Continue** button
• Verify/complete all of the information under **Enter Your Information**
  • Please note that an email address is required and will be used in a case where you need to retrieve your username or reset your password
• Verify/complete all of the information under **Mailing Address**
• select the green **Submit** button
After registering, you will arrive at the dashboard. Under the **Why should you participate** section, you will see any program-specific information from your employer, if applicable.
How to schedule a screening at a Quest Diagnostics Patient Service Center (PSC)

- Visit My.QuestForHealth.com
- If you’ve already established an account, use the Log In area to enter your username and password and select the green Log In button
  - If you’ve forgotten your login information, use the password link to reset your password or the username link to retrieve your username
- If you’ve never registered on the site to establish an account, use the Create Account area
- After logging in or registering, you will be taken to the dashboard

Please note: these screenshots are based on common browser resolution; actual screens may vary due to responsive design
To schedule a screening at a PSC, in the **Wellness Screening** section, under **Patient Service Center**, select the green **Schedule a Screening** button.

---

**Wellness Screening**

To get started, select an appointment method below.

**Patient Service Center**
Schedule a screening at a nearby Quest Diagnostics location.

[Schedule a Screening](#)

**Onsite Event**
Attend a wellness event at work or a location designated by your organization.

[Make an Appointment](#)

**Physician Results Form**
Submit results from a screening performed by your physician.

[Order Form](#)
Select the **Quest Diagnostics PSC location** where you’d like to complete your screening

- Note: To search for PSC locations in other areas than your home zip code, simply change the zip code
- Select the green **Continue** button

---

**Location**

- Walk-in to your closest Patient Service Center

<table>
<thead>
<tr>
<th>Zip Code</th>
<th>Name of Location</th>
<th>Address</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Name of Location</strong></td>
<td>1010 Street Address City Name, State 12345</td>
<td>0 mi</td>
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<tr>
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<td><strong>Name of Location</strong></td>
<td>1010 Street Address City Name, State 12345</td>
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</tr>
</tbody>
</table>

[Continue]
- Select the Date and the Time you would like to complete your screening
- select the green Continue button
• If your employer offers any additional screening tests, you will be able to select which ones to include and select the green **Continue** button.
• If your employer does not offer optional screening tests, you will automatically be taken past this step.

---

### Additional Screening(s)

**The selected panels below will be performed in addition to your Wellness Screening.**

<table>
<thead>
<tr>
<th>Add</th>
<th>Optional Test(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>PSA</td>
</tr>
<tr>
<td></td>
<td>Hemoglobin A1c</td>
</tr>
</tbody>
</table>

[Continue]
- Verify that all the appointment details shown on the screen are accurate
- select the green **Confirm** button
  - NOTE: Your appointment is *not scheduled* until you select the green **Confirm** button

---

**Location**

**Name of Location**
1010 Street Address
City Name, State 12345

---

**Date and Time**

Saturday, June 16, 2018
8:10 am

---

**Additional Screening(s)**

PSA

---

**Review and Confirm**

✔️ I would like to receive appointment reminders from Quest Diagnostics.

**Confirm**

Your appointment is not scheduled until you click confirm.
• Once your appointment has been scheduled you will arrive at the **Confirmation** screen
• select the green **Back to Dashboard** link to return to the dashboard

---

**Thank you, Allison!**
Your wellness screening has been scheduled at the Patient Service Center indicated below.

---

**Patient Service Center**

**Name of Location**
1010 Street Address
City Name, State 12345

Saturday, Jun 18, 2018 at 8:10 am

---

**Prepare For Your Appointment**

- Drink plenty of water prior to your appointment
- Continue to take all medications as prescribed by your healthcare provider.
- Do not eat or drink anything, except water, for 9-12 hours prior to the blood test.

---

**Next Steps**
1. Take your [health questionnaire](#).

---

For questions, contact the Health & Wellness Service Center:
1.855.623.9355
On the dashboard, you will be able to see your scheduled appointment. You can select the green **Download to Calendar** link to add the appointment to your calendar. If needed, you can also use the green buttons to cancel or reschedule your appointment. Selecting the **Need more appointment information?** link will take you back to the appointment confirmation page.
How to schedule a screening at an onsite event

- Visit My.QuestForHealth.com
- If you’ve already established an account, use the Log In area to enter your username and password and select the green Log In button
  - If you’ve forgotten your login information, use the password link to reset your password or the username link to retrieve your username
- If you’ve never registered on the site to establish an account, use the Create Account area
- After logging in or registering, you will be taken to the dashboard

Why Should You Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

Wellness Screening

To get started, select an screening method below.

Patient Service Center
Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening

Onsite Event
Attend a wellness event at work or a location designated by your organization.

Make an Appointment

Please note: these screenshots are based on common browser resolution; actual screens may vary due to responsive design
• To schedule an appointment at an onsite event, in the **Wellness Screening** section, under **Onsite Event**, select the **Make an Appointment** button

---

**Wellness Screening**
To get started, select an appointment method below.

**Patient Service Center**
Schedule a screening at a nearby Quest Diagnostics location.

[Schedule a Screening](#)

**Onsite Event**
Attend a wellness event at work or a location designated by your organization.

[Make an Appointment](#)

**Physician Results Form**
Submit results from a screening performed by your physician.

[Order Form](#)
- Select the onsite event location where you'd like to complete your screening
- select the green **Continue** button

<table>
<thead>
<tr>
<th>Zip Code</th>
<th>Name of Location</th>
<th>Appts</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Name of Location</td>
<td>10 Appts</td>
</tr>
<tr>
<td></td>
<td>1010 Street Address</td>
<td></td>
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<td></td>
<td>City Name, State 12345</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Name of Location</td>
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<tr>
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<td>Name of Location</td>
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<tr>
<td></td>
<td>1010 Street Address</td>
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</tr>
<tr>
<td></td>
<td>City Name, State 12345</td>
<td></td>
</tr>
</tbody>
</table>
• Select the **Date** and the **Time** you would like to complete your screening
• select the green **Continue** button
• Verify that all the appointment details shown on the screen are accurate
• select the green **Confirm** button
  • NOTE: Your appointment is **not scheduled** until you select the green **Confirm** button

---

**Location**

**Name of Location**
1010 Street Address
Room 3B
City Name, State 12345

---

**Date and Time**

Saturday, June 16, 2018
8:10 am

---

**Review and Confirm**

- I would like to receive appointment reminders from Quest Diagnostics.

[Confirm]

Your appointment is not scheduled until you click confirm.
Once your appointment has been scheduled you will arrive at the Confirmation screen.

Select the green Back to Dashboard link to return to the dashboard.
• On the dashboard, you will be able to see your scheduled appointment
• You can select the green Download to Calendar link to add the appointment to your calendar
• If needed, you can use the green buttons to cancel or reschedule your appointment
How to complete a screening using a Physician Results Form

• Visit My.QuestForHealth.com
• If you’ve already established an account, use the Log In area to enter your username and password and select the green Log In button
  • If you’ve forgotten your login information, use the password link to reset your password or the username link to retrieve your username
• If you’ve never registered on the site to establish an account, use the Create Account area
• After logging in or registering, you will be taken to the dashboard
• To complete your screening using a Physician Results Form, in the Wellness Screening section, under Physician Results Form, select the Order Form button.
• After arriving on the confirmation page, you can select the green **Download Form** button to download and print your personalized form
  • Verify that all of your personalized information included in the form is accurate and have your physician complete the form
  • Please note the range of dates when the test must be completed and the deadline to return the form
• select the green **Back to Dashboard** link to return to your dashboard

---

**Thank you, Allison!**
Your wellness screening is has been created as a Physician Results Form, download it below.

**Physician Results Form**

- **Download Form**
- **Back to Dashboard**

Tests needed to be completed:
Jan 1, 2017-Dec 31, 2017

Form must be returned by:
Sat, Dec 17, 2017

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**Next Steps**

1. Take your [health questionnaire](#).
2. You can fax your form to xxx.xxx.xxxx or [upload it](#).

For questions, contact the Health & Wellness Service Center:
1.855.623.9355.
After your doctor completes the form, there are two options for submitting the form to Quest Diagnostics:

• You may fax the completed form to the fax number indicated on the form, or
• You may submit your completed form to Quest Diagnostics electronically using the **Upload Form** button on the dashboard
• If there is no upload button on your dashboard, your employer requires that you fax in your form by following the instructions on the form.
• After selecting the **Upload Form** button on the dashboard, browse your computer for the completed Physician Results Form
• You will then arrive at the screen below (if you upload the incorrect file, you can browse your computer again by selecting the green **Change Form** button)
• In the **Input Your Results** section, validate your form by entering the measurements shown on your form
• After filling in all required information, select the green **Submit** button
• You will receive an email as notification whether your form has been processed, or rejected for any reason