

# Give it your best shot



## Prevent the flu

### Get a flu shot and stay flu-free

Sick of getting sick? You're not alone. But when it comes to the flu, the best way to protect yourself is by getting a flu shot. And there are different ways to get it — at no extra cost.

Just remember to show your ID card.

### Get a flu shot in one of two ways

- Make an appointment with your network primary care doctor.
- Visit one of our in-network pharmacies.\*

### Easily find providers online

Whichever way you choose, you can find a provider when you log in to your member website at [aetna.com](https://www.aetna.com).

- To find a primary care doctor, log in, go to “Find care” and search.
- To find participating pharmacies, check out this list: [aetna.com/dsepublicContent/assets/pdf/en/flu\\_shot\\_vaccine\\_providers.pdf](https://www.aetna.com/dsepublicContent/assets/pdf/en/flu_shot_vaccine_providers.pdf).

### Stay healthy through the seasons

Getting your flu shot is one step toward keeping yourself healthy and happy all year round. For more tips on flu prevention, visit the Centers for Disease Control and Prevention website at [cdc.gov/flu](https://www.cdc.gov/flu).

## Have questions?

Call us at the number on your member ID card.

\*California health maintenance organization (HMO) members must go to their primary care doctor to get the flu vaccine. Claims for the flu vaccine given by anyone other than their primary care doctor will be denied. California preferred provider organization (PPO) members can get their flu vaccine from any Aetna in-network provider contracted for these services including the providers listed above.

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