How to Login or Register at My.QuestForHealth.com

• Visit My.QuestForHealth.com
• If you’ve already established an account, use the Sign In area to enter your username and password and click the green Login button
  • If you’ve forgotten your login information, use the Password link to reset your password or the Username link to retrieve your username
• If you’ve never registered on the site to establish an account, use the Sign up Now area, and click the Register Now button
To complete step 1 of the registration process:

- Enter your Registration Key: DoD2017
- Click the green Continue button
To complete step 2 of the registration process:

- Under **Eligibility Verification**, enter your Unique ID and your Date of Birth
  - Your Unique ID should have been provided to you in an employer communication
- Under **Create Your Account**, create a username and password and confirm your password
  - **Password Requirements**
    - Must be at least 8 characters
    - Must contain one number or one special character
    - Must contain one uppercase alpha character
    - Must contain one lowercase alpha character
    - Cannot equal the Username
    - Cannot equal the previous 10 passwords of any password used in the previous 12 months
- Check the box to accept the terms and conditions of the site
- Click the green **Continue** button
To complete step 3 of the registration process:
• Verify or complete all of the information under **Personal Information**
  • Please note that an email address is required and will be used in a case where you need to retrieve your username or reset your password
• Verify or complete all of the information under **Mailing Address**
• Click the green **Continue** button
Resetting your password or retrieving your username at My.QuestForHealth.com

1. Visit My.QuestForHealth.com
2. Click the Username link in the phrase Forgot Your Username? to retrieve your username
3. Click the Password link in the phrase Forgot Your Password? to reset your password

It’s Good to Know

When it comes to your health and wellness, it’s good to know your most important health measures, risks, and where to focus so you can live healthier. That is where Quest Diagnostics Health & Wellness can help. We provide you with the insights that can help you improve your health, so begin your quest for better health today.
• To retrieve your username, enter your Registered Email Address and Date of Birth and click Submit
• If the combination of information you provide is correct, a notification message will appear indicating that the username was sent to the registered email address on the account
• To log in, click the Go Back to Homepage button

Health & Wellness

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Forgot Username

We have sent your username to xxxx@gmail.com. You should receive the information shortly.

Go Back to Homepage
To reset your password, enter your **Username** and **Date of Birth** and click **Submit**.
• If the combination of information you provide is correct, a notification message will appear indicating that password reset information was sent to the registered email address on the account
• Please note that the password reset email is only effective for 60 minutes
• To log in, click the **Go Back to Homepage** button

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How to schedule your screening

• Visit My.QuestForHealth.com and use the Sign In area to log in using the username and password you created
• Or, if you are a new user, please click the Register Now button in the Sign Up Now area to register
• After logging in, or registering, click Get Started to go to the Screening Homepage
• Click **Participate Now** to schedule your appointment or download a Physician Results Form
• From your screening options, click the **Select** button in the **At an Event** box to schedule an onsite event appointment.
- Select the onsite event location where you’d like to complete your screening
- Click the green **Next** button
• Select the **Date** and the **Time** when you would like to complete your screening
• Click the green **Next** button
• Verify that all the appointment details shown on the screen are accurate
• Click the green **Confirm** button
  • **NOTE:** Your appointment is **NOT scheduled** until you click the green **Confirm** button
Once your appointment has been scheduled you will arrive at the Order Confirmation screen. Click the green Download Appointment Calendar link to add the appointment reminder to your calendar.
• From your screening options, click the Select button in the **At a Patient Service Center** box to schedule a PSC appointment.
• Select the **Quest Diagnostics PSC location** where you’d like to complete your screening
  • Note: To search for PSC locations in other areas than your home zip code, simply change the zip code and click the arrow
• Click the green **Next** button
• Select the **Date** and the **Time** when you would like to complete your screening
• Click the green **Next** button
• Verify that all the appointment details shown on the screen are accurate
• Click the green **Confirm** button
  • NOTE: Your appointment is **NOT scheduled** until you click the green **Confirm** button
• Once your appointment has been scheduled you will arrive at the **Order Confirmation** screen
• Click the green **Download Appointment Calendar** link to add the appointment reminder to your calendar
• From your screening options, click the **Select** button in the **Physician Results Form** box to download a Physician Results Form and complete your screening with a healthcare provider.
• Use the link below the image of the form to download and print your personalized Physician Results Form
• Verify that all of your personalized information included in the form is accurate
• Have your physician complete the form and fax the form to the fax number indicated on the form