

Log in to your secure member website at www.aetna.com.

Aetna.com

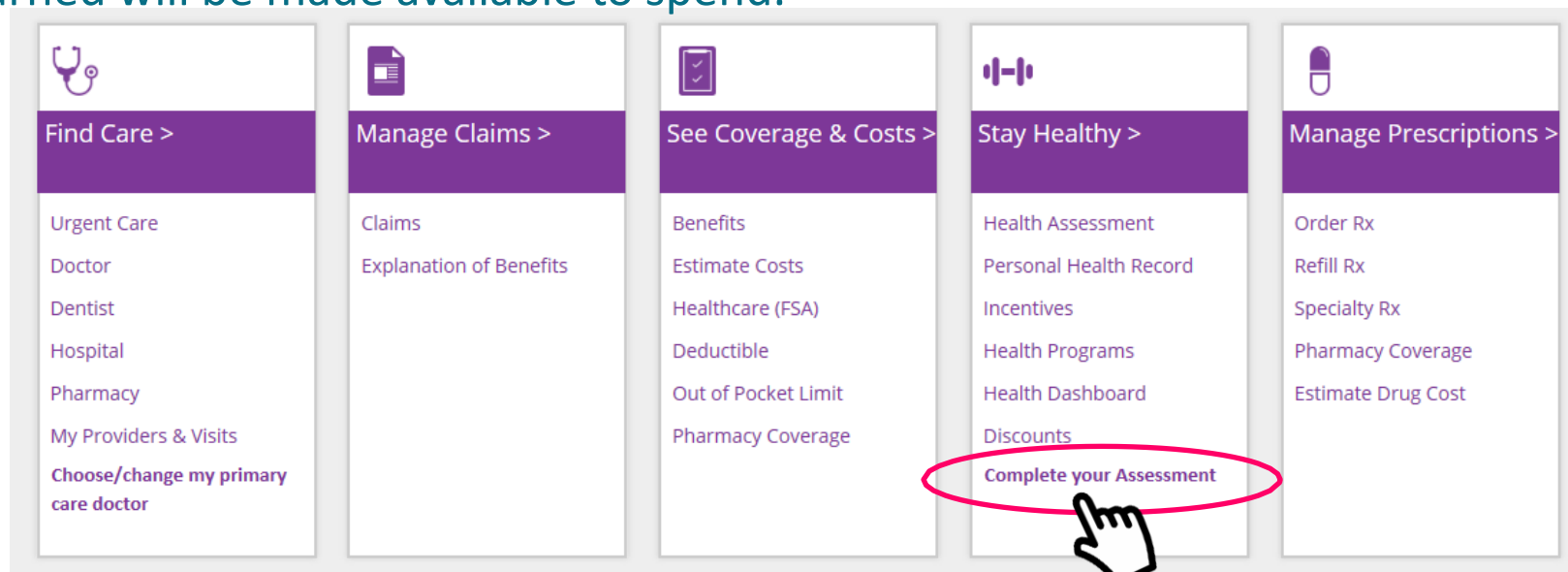
The screenshot shows the Aetna website interface. At the top, the Aetna logo is on the left, and navigation links for 'Shop for Plans', 'Find a Doctor', 'Contact', and 'Español' are on the right. Below the logo, there are dropdown menus for 'Individuals & Families', 'Employers & Organizations', 'Health Care Professionals', 'Producers', and 'About Us'. A search bar is also present. The main content area features a large image of a child on a bicycle with the text 'You don't join us' and 'Whatever your health goals a get there.' Below this is a 'Find out how >' link. On the right side, there is a 'Member Log In' section with a 'Log In/Register' button. A purple callout box points to this button, and another purple callout box points to the text 'Log in' or 'Register' if you are new to the site.' Below the main content area, there are links for 'Employers >', 'Providers >', and 'Producers >'.

“Log in” or “Register” if you are new to the site.

New to the site? Just click “Register.”

Under the Stay Healthy section click on “Complete your Assessment”. You can easily finish in one sitting. But you can always come back later. We’ll save your answers.

Your Health Assessment must be completed before any Health Incentive Credits earned will be made available to spend.



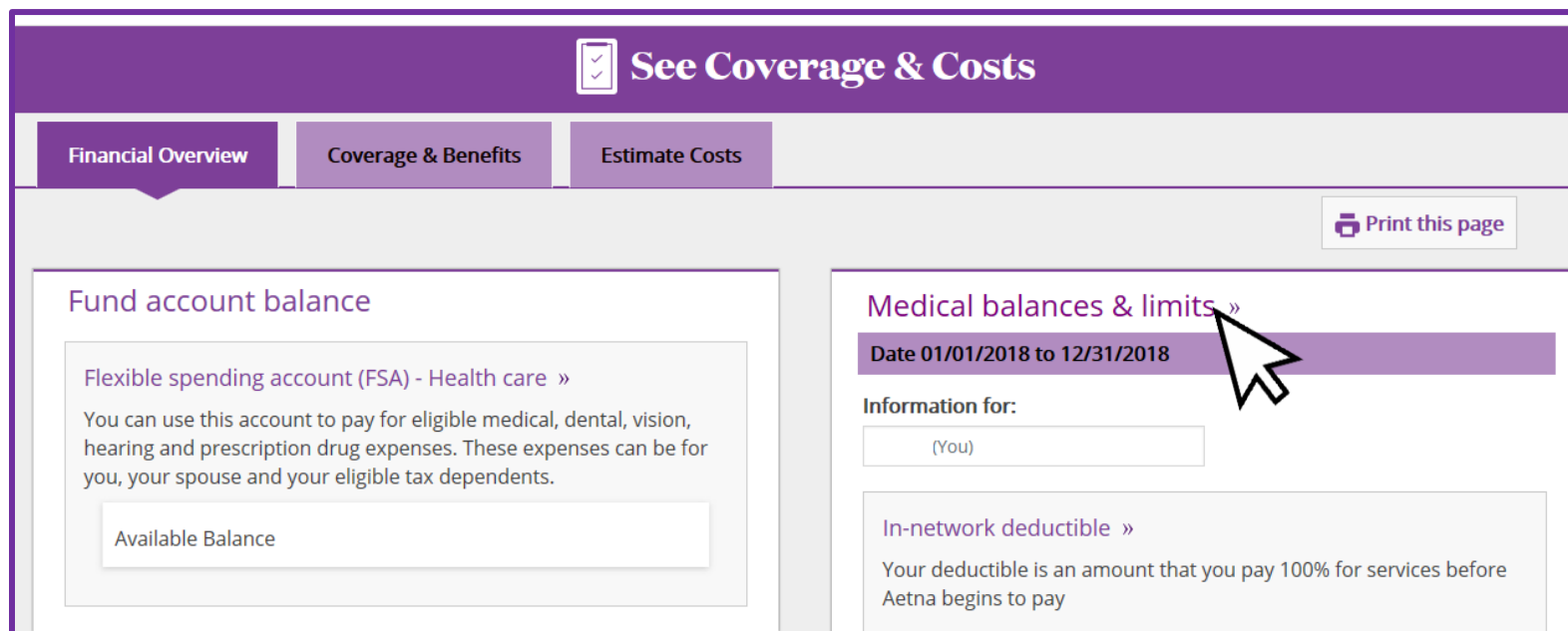
We’ll ask you about things you do every day, like eating and sleeping. And have you tell us about any medical conditions you may have. You’ll also see questions about your *modifiable health risks*. These are health habits you can change. For example, your eating and exercise habits and whether you use tobacco products.

Tip: Try to have your latest numbers from any biometric screening or a physical exam on hand — your last blood pressure

View Health Incentives Earned

Each year, DoD NAF employees, retirees and their families have the opportunity to earn Health Incentive Credits for taking healthy actions. Employees with individual coverage can earn up to \$250 and those who cover dependents can earn up to \$600.

Look under the See Coverage & Costs and click on "Benefits". Then, click on "Financial Overview". Finally, click on "Medical balances & limits".



See Coverage & Costs

Financial Overview | Coverage & Benefits | Estimate Costs

Print this page

Fund account balance

Flexible spending account (FSA) - Health care »

You can use this account to pay for eligible medical, dental, vision, hearing and prescription drug expenses. These expenses can be for you, your spouse and your eligible tax dependents.

Available Balance

Medical balances & limits »

Date 01/01/2018 to 12/31/2018

Information for:

(You)

In-network deductible »


Your deductible is an amount that you pay 100% for services before Aetna begins to pay

At the top of the Plan Balances and Limits screen you will see how much was rolled over from previous year(s), how much you've earned, how much you have used for medical expenses and have left for this year in incentive dollars.

To see a listing of available Incentive Dollars, click on "Activity Details". That link will show a list of claims earned incentives have been applied to.


Plan Balances and Limits

Here are the Deductible, Co-Insurance, and Plan Limits for

 This List will not display any specific age and frequency limits that apply to your plan. Check your plan documents on your "[Coverage and Benefits](#)" page for more information.

Health Incentive Credit Information

Rollover Amount	\$ 150.00
Earned Year To Date	\$ 0.00
Total Amount	\$ 150.00
Used	\$ 150.00
Remainder	\$ 0.00

 [Activity Details »](#)