



2026 NEXCOM MEDICAL PLAN COMPARISON - In-Network Provisions Only

KAISER MID-ATLANTIC HMO, AETNA POS II, AETNA HDHP

Changes in red from the current plan

PLAN DESIGN	Kaiser Mid-Atlantic	Aetna Choice POS II In-Network	Aetna HDHP In-Network
Deductible Individual/Family	Individual: \$500 Family: \$1,000	Individual: \$700 Family: \$2,100	Individual: \$2,000 Family: \$6,000
Out-of-Pocket Max Individual/Family	Individual: \$4,000 Family: \$9,500	Individual: \$6,000 Family: \$12,000	Individual: \$7,000 Family: \$14,000
Rx Out-of-Pocket Max	Included Above	Included above	Included above
Office Visit Preventive Care	Covered at 100%	Covered at 100%	Covered at 100%
Office Visit PCP	\$20	\$45	Covered at 70% after deductible
Office Visit Specialist	\$40	\$70	Covered at 70% after deductible
Eye Exam & Materials (Adult) <i>See Benefit Summary for Pediatric Benefit</i>	\$20 copay for annual exam with Optometrist, \$75 discount for materials	One exam per calendar year – 100% no deductible; \$150 allowance for materials every 12 months	One exam per calendar year – 100% no deductible; \$150 allowance for materials every 12 months
Inpatient Hospital	Covered at 80% after deductible	Covered at 80% after deductible plus \$200 per confinement fee	Covered at 70% after deductible
Outpatient Surgery	Covered at 80% after deductible	Covered at 80% after deductible	Covered at 70% after deductible
Diagnostic lab and X-ray <i>*LabCorp & Quest are in-network providers for Aetna</i>	Covered at 90% after deductible	If billed as part of an office visit – 100% (no copay); separate office visit – 100% after \$45 PCP/\$70 Specialist; independent facility – 80% after deductible	Covered at 70% after deductible
Emergency Room	\$350 copay (waived if admitted)	Covered at 80% after \$500 copay, no deductible (waived if admitted) for medical emergencies	Covered at 70% after deductible (medical emergencies)
Urgent Care	\$40 copay	\$45 copay	Covered at 70% after deductible
Prescriptions 30 day Supply	Kaiser Plan Pharmacy: Generic: \$20 Preferred brand: \$35 Non-Preferred brand: \$50 Specialty: 50% up to max of \$150 <i>*See plan material for "Other Pharmacy Drug detail</i>	Tier 1: \$10 Tier 2: 25% min/\$45 max \$70 Tier 3: 35% min/\$75 max \$200 Tier 4: 40% min/\$60 max \$125 (Standard Formulary)	After deductible: Tier 1: \$0 Tier 2: 35% \$75 max Tier 3: 50% \$125 max Tier 4: 50% \$125 max (Standard Formulary)
Prescriptions Mail Order (90 day Supply)	Kaiser Plan Pharmacy: Generic: \$40 Preferred brand: \$70 Non-Preferred brand: \$100 Specialty: 50% up to max of \$300 <i>*See plan material for "Other Pharmacy Drug detail</i>	Tier 1: \$20 Tier 2: 25% min/\$90 max \$140 Tier 3: 35% min/\$150 max \$400 (Standard Formulary) CVS Caremark Mail Service	After deductible: Tier 1: \$0 Tier 2: 35% \$150 max Tier 3: 50% \$250 max (Standard Formulary) CVS/Caremark Mail Service <i>*See plan material for Preventive Drug detail</i>

This is only a summary of major plan provisions. For more details on these plans, including plan changes and required legal notices, go to www.nafhealthplans.com, the NEXCOM HUB at Code H > My Total Rewards > Medical & Dental, or contact your local Human Resources representative for HMO enrollment packets.



2026 Bi-weekly Premiums

HMO Tier	Kaiser Mid-Atl	Aetna Tier	Aetna POS II	Aetna HDHP
Employee Only	\$123.56	Employee Only	\$128.35	\$98.73
Employee + One	\$247.13	Employee + Child(ren)	\$247.72	\$190.56
Employee + Family	\$345.98	Employee + Spouse	\$296.50	\$228.07
		Employee + Family	\$392.76	\$302.12

Enrollment Dates for 2026 Plan year

Open Enrollment: November 1 – 30th, 2025

New Hire Enrollment: within 31 days of hire or category change to regular

Learn more about your medical/dental benefit plans. Click on the URL address (below), copy and paste the URL address into Edge or Google Chrome or scan the QR Code with your mobile device.

Virtual Benefits Fair

www.virtualfairhub.com/Nexcom/



Alex: Virtual Benefits Counselor

<https://start.myalex.com/nexcom>



DoD Website

www.nafhealthplans.com



NEXCOM HUB

Follow this path:

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Medical & Dental

IMPORTANT: If you are a NAF associate enrolled in a Health Maintenance Organizations (HMO) plan and have been enrolled for at least 90 days and you lose coverage for any reason other than termination for cause, you are able to apply for an individual conversion plan. For further details, you may contact the member service unit for Kaiser Mid-Atlantic at 1-855-249-5018. To be eligible to participate in the Aetna Temporary Continuation of Coverage plan you must be enrolled in an Aetna medical plan for at least 90 days.