



Be your best

Aetna Dental/Medical IntegrationSM enhanced benefits program*

Stay healthy with enhanced dental benefits

Studies show that treating gum disease can lessen the severity of some serious medical conditions and may reduce the risk of complications.¹



We want to make sure you have the information you need to make informed decisions about your health care. If you're pregnant or have diabetes or heart disease, your dental plan will automatically cover an extra cleaning or visit to a dentist to treat gum disease.

If you have one of these conditions and would like to enroll in these enhanced benefits, call us at **1-800-779-3357 (TTY: 711)**, Monday through Friday, 8 AM–6 PM ET. A dental care coordinator will be happy to assist you.

*May not be available in all states.

¹American Academy of Periodontology. Periodontal disease and systemic health. Available at: [Perio.org/consumer/gum-disease-and-other-diseases](https://www.perio.org/consumer/gum-disease-and-other-diseases). Accessed April 19, 2021.

Aetna.com

00.03.619.1 C (4/21)



A visit to the dentist can make a difference

The American Dental Association says that regular dental checkups help keep your mouth healthy. We encourage you to use your Aetna Dental® benefits and insurance to help keep you as healthy as possible. To see which dental expenses are covered by your plan, see your plan summary.

It's recommended that you see a dentist if you have:

- Bleeding gums
- Gums that look like they are receding
- Bad breath all the time
- Loose or shifting teeth



Periodontal disease has been linked to heart disease, diabetes and preterm birth.²

²American Academy of Periodontology. Gum disease information. Available at: [Perio.org/consumer/gum-disease.htm](https://perio.org/consumer/gum-disease.htm). Accessed April 19, 2021.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies. The Aetna companies that offer, underwrite or administer benefits and insurance coverage include Aetna Health Inc., Aetna Health of California Inc., Aetna Dental Inc., Aetna Dental of California Inc. and Aetna Life Insurance Company (Aetna).

This material is for information only and is not an offer or invitation to contract. Dental/health information programs provide general information and are not a substitute for diagnosis or treatment by a physician, dentist or other health or dental care professional. Dental/health benefits and insurance plans contain exclusions and limitations. Not all health and dental services are covered. See your plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Information is believed to be accurate as of the production date; however, it is subject to change. Refer to [Aetna.com](https://www.aetna.com) for information about Aetna® plans.

Policy forms issued in Oklahoma include: GR-9N, GR-23 and/or GR-29N.

Policy forms issued in Missouri include: AL HGrpPol-Dental 01.

Policy forms issued in Idaho include: GR-9/GR-9N, GR-23, GR-29/GR-29N, AL HGrpPol-Dental 01.

[Aetna.com](https://www.aetna.com)

©2021 Aetna Inc.
00.03.619.1 C (4/21)

