



Aetna Health and Well-being Series

Q2: Menopause and Healthy Living

Join us to focus on your health and well-being. Whether you're looking to improve your fitness, eat healthier, or reduce stress, this series has something for everyone.

In Q2 we will focus on Menopause and Healthy Living. You'll have the opportunity to learn from the best and ask questions during the live Q&A sessions.

Don't miss out on this fantastic opportunity to prioritize your health and well-being. Mark your calendars and join us!

The webinar will be available:

- Friday, April 18th at 10am CST—[CLICK HERE TO JOIN](#)
- Friday, May 16th at 12pm CST—[CLICK HERE TO JOIN](#)
- Friday, June 13th at 2pm CST—[CLICK HERE TO JOIN](#)

